

## S.O.A.P. Journal

### What is it?

The S.O.A.P. method is a structured way to engage with Scripture that encourages personal reflection, application, and prayer.

### How to use the S.O.A.P. Journal

**STEP 1:** Write the date and book/chapter at the top of the page. Then write the letters S.O.A.P down the left side of the page allowing space to write a few sentences next to each of them.

**STEP 2:** Read the assigned Bible chapter of the day. See the reverse of this card for the reading schedule. Pay attention to anything that stands out to you. Does God bring anything to your attention while reading this passage?

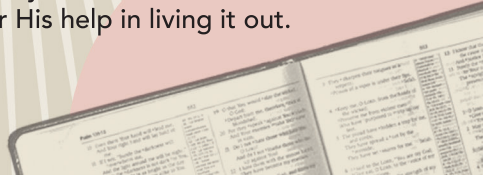
**STEP 3:** Reflect on the following prompts and use the journal page to write down your responses.

**Scripture:** Write down the specific passage that stood out to you.

**Observe:** What stood out to you in this passage? What do you think God is trying to communicate to you through these verses?

**Apply:** How can you apply this passage to your life today? How is Jesus calling you to live and love more like Him?

**Pray:** Write a prayer based on your reflections. Thank God for His Word and ask for His help in living it out.



# SUMMER

## IN THE WORD

### READING PLAN

3-June	Monday	Luke 1	<input type="checkbox"/>	1-July	Monday	Acts 5	<input type="checkbox"/>
4-June	Tuesday	Luke 2	<input type="checkbox"/>	2-July	Tuesday	Acts 6	<input type="checkbox"/>
5-June	Wednesday	Luke 3	<input type="checkbox"/>	3-July	Wednesday	Acts 7	<input type="checkbox"/>
6-June	Thursday	Luke 4	<input type="checkbox"/>	4-July	Thursday	Acts 8	<input type="checkbox"/>
7-June	Friday	Luke 5	<input type="checkbox"/>	5-July	Friday	Acts 9	<input type="checkbox"/>
8-June	Saturday	Luke 6	<input type="checkbox"/>	6-July	Saturday	Acts 10	<input type="checkbox"/>
9-June	Sunday	Luke 7	<input type="checkbox"/>	7-July	Sunday	Acts 11	<input type="checkbox"/>
10-June	Monday	Luke 8	<input type="checkbox"/>	8-July	Monday	Acts 12	<input type="checkbox"/>
11-June	Tuesday	Luke 9	<input type="checkbox"/>	9-July	Tuesday	Acts 13	<input type="checkbox"/>
12-June	Wednesday	Luke 10	<input type="checkbox"/>	10-July	Wednesday	Acts 14	<input type="checkbox"/>
13-June	Thursday	Luke 11	<input type="checkbox"/>	11-July	Thursday	Acts 15	<input type="checkbox"/>
14-June	Friday	Luke 12	<input type="checkbox"/>	12-July	Friday	Acts 16	<input type="checkbox"/>
15-June	Saturday	Luke 13	<input type="checkbox"/>	13-July	Saturday	Acts 17	<input type="checkbox"/>
16-June	Sunday	Luke 14	<input type="checkbox"/>	14-July	Sunday	Acts 18	<input type="checkbox"/>
17-June	Monday	Luke 15	<input type="checkbox"/>	15-July	Monday	Acts 19	<input type="checkbox"/>
18-June	Tuesday	Luke 16	<input type="checkbox"/>	16-July	Tuesday	Acts 20	<input type="checkbox"/>
19-June	Wednesday	Luke 17	<input type="checkbox"/>	17-July	Wednesday	Acts 21	<input type="checkbox"/>
20-June	Thursday	Luke 18	<input type="checkbox"/>	18-July	Thursday	Catch Up Day	
21-June	Friday	Luke 19	<input type="checkbox"/>	19-July	Friday	Catch Up Day	
22-June	Saturday	Luke 20	<input type="checkbox"/>	20-July	Saturday	Catch Up Day	
23-June	Sunday	Luke 21	<input type="checkbox"/>	21-July	Sunday	Catch Up Day	
24-June	Monday	Luke 22	<input type="checkbox"/>	22-July	Monday	Acts 22	<input type="checkbox"/>
25-June	Tuesday	Luke 23	<input type="checkbox"/>	23-July	Tuesday	Acts 23	<input type="checkbox"/>
26-June	Wednesday	Luke 24	<input type="checkbox"/>	24-July	Wednesday	Acts 24	<input type="checkbox"/>
27-June	Thursday	Acts 1	<input type="checkbox"/>	25-July	Thursday	Acts 25	<input type="checkbox"/>
28-June	Friday	Acts 2	<input type="checkbox"/>	26-July	Friday	Acts 26	<input type="checkbox"/>
29-June	Saturday	Acts 3	<input type="checkbox"/>	27-July	Saturday	Acts 27	<input type="checkbox"/>
30-June	Sunday	Acts 4	<input type="checkbox"/>	28-July	Sunday	Acts 28	<input type="checkbox"/>