

FABRIC HEADBAND

- Cut 2 pieces of fabric on the fold for headband.
- Cut 2 pieces of fabric on the fold for elastic cover.
- Cut 1 piece of ½" elastic 5.5" long.
- With right sides together sew headband fabric pieces together using ¼" seam allowance.
- With right sides together sew elastic cover pieces together using ¼" seam allowance.
- Turn each piece right side out, press.
- Using a safety pin slide the elastic through the elastic cover making sure to stop before the end without the safety pin is inside
- Once the side without the safety pin is at the opening, stitch in place.
- Continue to push the safety pin through the casing until the other end of the elastic is at the other edge, sew in place.
- Slip one end of the elastic band into the headband piece until the place where you sewed is no longer visible and raw edges are tucked in, sew in place.
- Repeat on the other end.
- Top stitch the sides of the headband piece if desired



