

Depression

When disappointment and disinterest lead to prolonged sadness and hopelessness, impairment and personal distress may be significant. This state is often indicative of "depression." The contributing factors to depression may include biological, psychological, social, and spiritual aspects. Depression is one of the top reasons for which people seek counseling. Scottsdale Bible Church can help by providing a variety of ways to connect with others in Christian community, prayer, worship, groups, discipleship, care and counseling.

Scripture

2 Cor. 4:8-9
2 Cor. 4:16-18
2 Cor. 11

Videos

"Demystifying depression"

<https://www.rightnowmedia.org/Training/Course/View/8658>

"Depression: A Compass & Light Study"

<https://www.rightnowmedia.org/Content/Series/361480>

"Treat Depression" and "Myths About Treating Depression"

<https://www.rightnowmedia.org/Training/Post/View/197822>

<https://www.rightnowmedia.org/Training/Post/View/197831>

Books and Booklets

Coping with Depression

https://www.amazon.com/Coping-Depression-Siang-Yang-Tan/dp/0801064910/ref=sr_1_1?dchild=1&keywords=depression+tan&qid=1621887833&sr=8-1

When Hope is Lost: Dealing with Depression

<https://discoveryseries.org/?s=depression>

Depression: The Way Up When You Are Down

<https://www.ccef.org/book/depression-way-when-you-are-down/>