**THREADS of HOPE**

Easy Sun Dress Instructions

**Supplies**  (\*Use sizing chart for yardages)

Fabric – 100% cotton is preferred. (No see-through, flags, camo, holiday print fabrics.)

 ½” Elastic cut to size

 ½” Double-fold bias tape

 Thread, embellishments, buttons, rick-rack etc.

**Directions**

1. Trace the armhole template for the size dress you are making onto fabric at the top corner edge of the fabric. Flip armhole template over and trace the other armhole opening on the other top edge. Cut out both armholes. Stitch side seams together leaving no raw edges. Sew bottom hem leaving no raw edges.
2. Turn under top neckedge of the front and back of the dress ¼”, press, now turn that edge under 1” on both front and back and press forming casings for the elastic. Sew close to the bottom edge of each casing.
3. Pull measured elastic through front and back casings. Stitch across each end of the casing multiple times to hold elastic securely in place.
4. Cut 2 pieces of bias tape according to the size chart for the shoulder straps.
5. Fold the bias tape lengthwise in half, find the center and line it up with the center seam, (bottom edge of armhole). Pin the open ends of the bias tape over the raw edge of the armhole, sew making sure to catch both the inside and outside edges of the bias tape. Back-stitch several times at the edges where the tape meets the top edge of the dress. Repeat for the other side.
6. Make 2 large pockets with matching or contrasting fabric, sew to the front of the dress.
7. Sew Threads of Hope label to the front of dress at either the pocket or close to the dress hem.
8. Embellish how you’d like keeping durability in mind.
9. Tie the shoulder straps and your dress is finished. Take a moment to pray for the health, safety and salvation of the girl who will wear your dress.