



AND



SHORTS INSTRUCTIONS:

1. Cut 2 pieces from the pattern or templates.

Threads of Hope (“ToH”) uses Simplicity Pattern 1575.

We also have templates for all even-sizes (4, 6, 8, 10, 12, 14) and new templates for x-small sizes (we use ½ , 1, and 1½)

For ease in sizing, we make even-sized shorts 2 – 14.

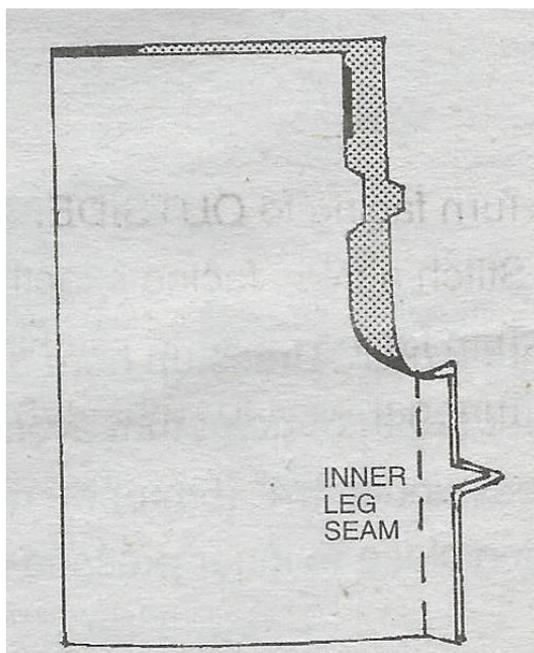


Notice that when you cut the pieces, the back part for the front-to-back seam is bigger and shaped differently than the front part. Note which is the back because you will need to know when you sew the waistband and leave an opening on the back side of the waist for the elastic.

2. If you have a serger, serge across the bottom of both pieces.
If you don't have a serger, skip this step (you'll hem in step 5).

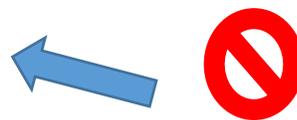
3. Serge or sew the inner leg seams. If you serge, also stitch a straight seam close to the serge for reinforcement because the serge alone will not hold.

If not using a serger, press up $\frac{1}{4}$ " and press up again $\frac{1}{2}$ " before stitching so that there are no raw edges.

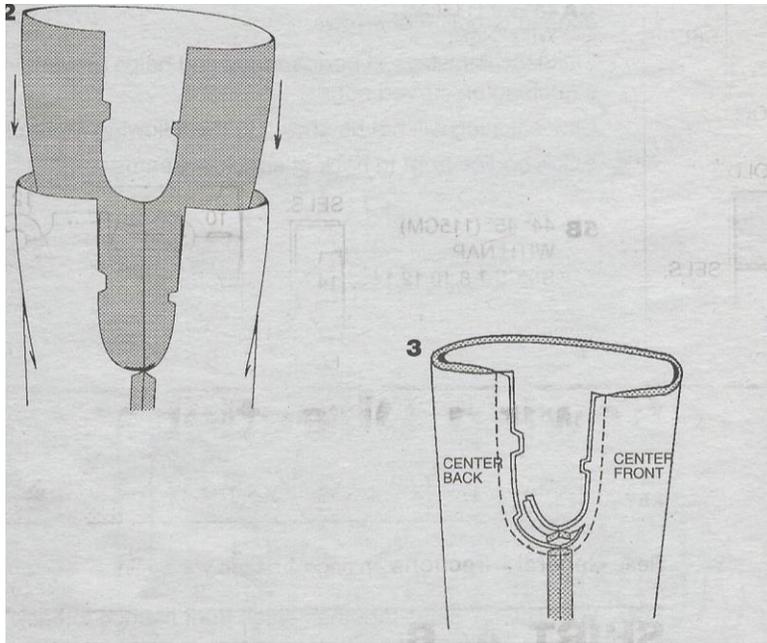


Please....
So that the shorts last
as long as possible...
No Raw Edges.

Just stitching like this will
leave a raw edge.



4. With the RIGHT sides together, insert one shorts leg INSIDE the other.



Stitch the center seam (even if serging, stitch the center seam first). If serging, after stitching the center seam, then serge the center seam. Press the serge to one side or the other, then stitch down again. This reinforces the center seam.

If not serging, that's fine. Just make sure to press up twice so there are no raw edges on the center seam. After stitching, press to one side of the other. Then stitch down again. This reinforces the center seam.

5. Sew hem on both legs.

Press up $\frac{1}{2}$ " - 1". Then Press up again 1" so that any raw edge bottom or serged bottom is completely covered. (Leg hems quickly wear out, that's why even serged bottoms are covered.)

When stitching the leg hems, for a more sporty "board shorts" look, stitch securely by doing a double row of stitches $\frac{1}{4}$ " apart.



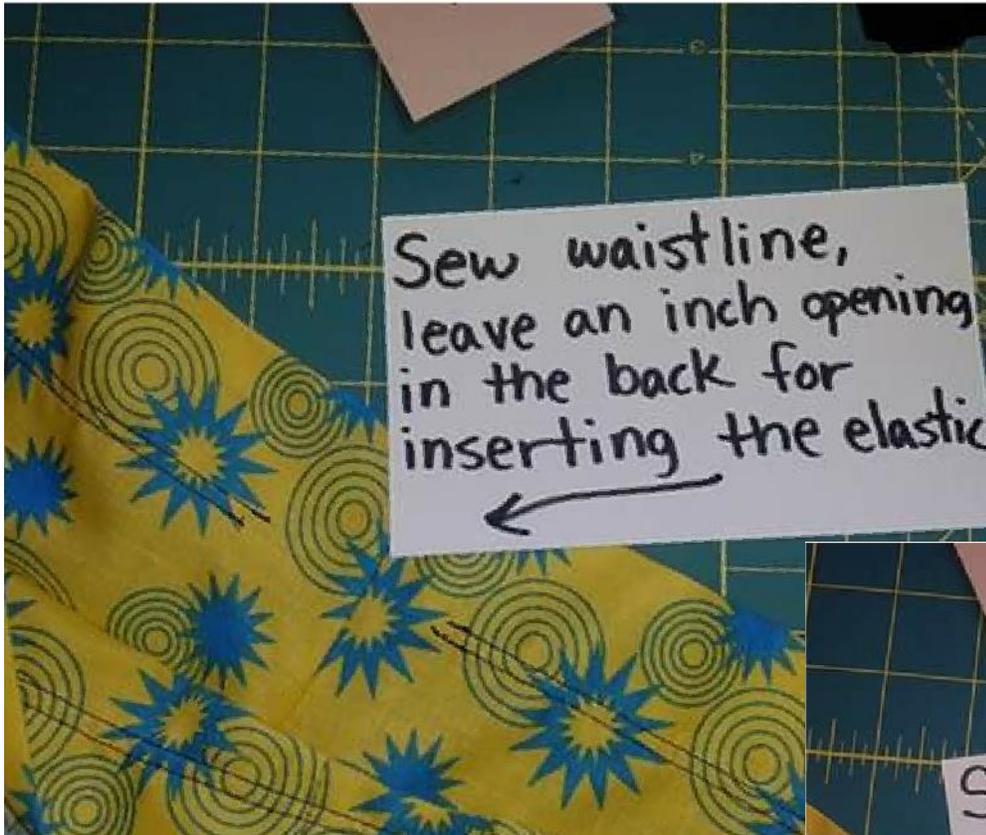
Sporty Double row of stitches



6. Waistline

Press up 1/4". Press up again 1" – 1 1/2" to make the waistline casing for the elastic. Remember from Step 1 which side is the back. Stitch securely by doing a double row of stitches 1/8" apart.

When you stitch, leave approx. 1" – 1 1/2" opening in back.



After stitching the double rows at the bottom of the casing, *stitch a decorative stitch along the top of the shorts* (makes them last longer). Leave enough room between the top and the bottom for the 1/2" wide elastic.



7. Pocket

Put right sides together and stitch, leaving an opening to turn the pocket right side out. Press the pocket.

Stitch 1 or 2 decorative lines across the top of the pocket.

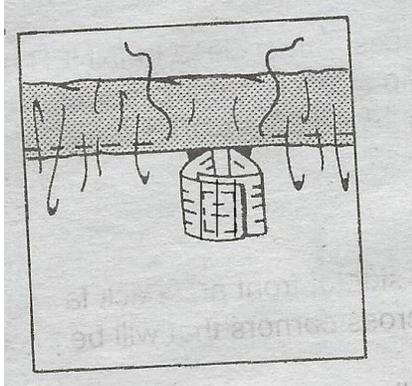
Pin the pocket into place approx. 1" above the hemline on the side of the right leg (or place where desired).

Stitch securely by doing a double row of stitches $\frac{1}{4}$ " apart (like the leg hems).



8. Final Steps: Elastic/Finish Waistband/Label

Using the correct length of $\frac{1}{2}$ " elastic (see chart below), use 2 safety pins and pin each end of the elastic. Thread the elastic through the casing.



Make sure the elastic did not twist when threading through the casing. Overlap and stitch the elastic ends together up and down the entire width of the elastic several times.

Tuck elastic into casing and complete the 2 bottom rows of stitches and the 1 top row of stitches.

Stitch at the center back of the waistline several times to reinforce and make as secure as possible. Then sew the label on the front side, close to the pocket.

Elastic Size Chart From Dress a Dude

Please note Dress a Dude has 4 different sizes for x-small (baby, toddler) sizes, but to avoid confusion with our sizing, we use the following:

	Size	Elastic
x-small sizes:	$\frac{1}{2}$	16"
	1	17"
	$1\frac{1}{2}$	18"
	2	19"

