

# SBC Measures to Help Protect Kids from COVID-19

As we begin offering programs for children and youth at SBC, we are implementing or continuing several practices to help minimize the spread of COVID-19 on our campuses. Although we cannot guarantee a child or student will not be exposed, we are taking responsible steps to help minimize that risk.

## General Precautions

- All staff and volunteers will wear face masks at all times in the classrooms and in any location where social distancing is difficult.
- We are strongly recommending that any child over the age of two wear a mask while in our facilities.
- If anyone is experiencing the following symptoms, we are asking them to please stay home. A child experiencing any of these symptoms will not be permitted to enter the classroom.
  - Fever or chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea
- We will have thermometers available to check temperatures if the need arises. However, we recommend that parents check their child's temperature before bringing them to any event or gathering.

## Classrooms and Playgrounds or Outside Time

- Ratios in each classroom have been adjusted to allow for smaller class sizes to accommodate social distancing. We are currently allowing 25% capacity in each classroom.
- Playground and outside time will be staggered to limit the number of children congregating.

## Parent Drop-Off and Pick-Up

- Parents will be encouraged to register children in advance to streamline the check-in process.
- Staff/volunteers will assist with the check-in process to maintain a low-touch environment.
- Hand hygiene stations will be set up at the entrance of each building and classroom, allowing children to clean their hands before entering. If a sink with soap and water is not available, hand sanitizer will be provided.

## Cleaning/Sanitizing

- Staff/Volunteers will routinely clean, sanitize, and disinfect surfaces and objects that are frequently touched, especially toys and games. This may include cleaning doorknobs, light switches, classroom sink handles, countertops, nap pads, toilet training potties, desks, chairs, cubbies, and playground structures.
- All cleaning products are safe and non-toxic.
- Toys will be cleaned with water and non-toxic detergents. Toys will also be cleaned in a mechanical dishwasher.
- We ask that parents keep any outside toys or blankets at home or in their child's diaper bag.

## Healthy Hand Hygiene

- All children, staff, and volunteers will be asked to engage in hand hygiene at the following times:
  - Arrival to the classroom and after breaks
  - Before and after preparing food or drinks
  - Before and after eating or handling food or feeding children
  - Before and after diapering
  - After using the restroom or helping a child use the restroom
  - After coming in contact with any bodily fluid
  - After playing outdoors
  - After handling trash
- Staff/volunteers will assist children with handwashing, including infants who cannot wash hands alone.
- After assisting children with handwashing, staff will also wash their hands.

## Food/Snacks

- All snacks will be pre-packaged and individually wrapped.
- If needed, utensils will be disposable.
- Staff/volunteers will ensure children wash hands prior to and immediately after eating.
- Staff/volunteers will wash their hands before preparing food and after helping children eat.
- Food preparation will not be done by the same staff who diaper children.
- Staff/volunteers will strive to keep children at a safe distance from one another while eating and will not let them share snacks with others.

## Diapering

Procedures will be posted in all diaper changing areas. Steps include:

- Staff/volunteers will use proper hand hygiene and wear disposable gloves.
- After the child is cleaned and the diaper replaced, the trash (soiled diaper and wipes) will be removed from the area.
- The child's hands will be washed after he/she is changed.
- The diapering station will be completely disinfected with a fragrance-free bleach.
- Staff/volunteers will exercise proper hand hygiene at the completion of the diapering process.

## Holding, Feeding or Washing a Child

It is important to comfort crying, sad, or anxious infants and toddlers who often need to be held. As much as possible, we will take these precautions when holding, feeding, or washing very young children:

- Staff/volunteers will wash their hands, neck, and anywhere touched by a child's secretions.
- Contaminated clothing will be placed in a plastic bag.
- Infants, toddlers, and young children should have multiple changes of clothing available.
- Staff/volunteers will wash their hands before and after handling infant bottles prepared at home or prepared in the facility. All bottles and equipment should be thoroughly cleaned after each use by washing in a dishwasher or by washing with a bottlebrush, soap, and water.

## Isolating and Informing

- If a child starts to exhibit symptoms, staff/volunteers will immediately isolate the child to prevent the potential spread of COVID-19 to other children or staff/volunteers.
- The child will be isolated with the proper ratio of caregivers to child and will never be left alone by themselves or with just one adult.
- If a child or staff/volunteer has contracted COVID-19, we will notify all parents of all children in any affected rooms in a timely manner.