



Suggested Reading

These books have been read by our staff and are recommended for further enrichment of your marriage. Most are available at our Walk Worthy Bookstore or on Amazon.com. Books in bold with asterisks are most highly recommended in each category.

ESTABLISHING A STRONG AND HEALTHY MARRIAGE

Abraham, Ken. Unmasking the Myths of Marriage

***Chapman, Dr. Gary. The Five Love Languages:How to Express Heartfelt Commitment to Your Mate** (contains a study guide & could be used for devotions)

Chapman, Dr. Gary. The Four Seasons of Marriage

Chapman, Dr. Gary. Hope for the Separated

Cloud, Dr. Henry & Dr. John Townsend. Boundaries in Marriage

***Eggerichs, Dr. Emerson. Love and Respect**

Eggerichs, Dr. Emerson. Cracking the Communication Code

*** Feldhahn, Jeff & Shaunti. For Men Only: A Straightforward Guide to the Inner Lives of Women**

*** Feldhahn, Shaunti. For Women Only: What You Need to Know About the Inner Lives of Men**

***Ferguson, David and Teresa. Intimate Encounters**

***Farrel, Bill & Pam. Men are Like Waffles—Women are Like Spaghetti**

Garner, Chris. Fortified Marriages. A marriage manual and workbook.

Gungor, Mark. Laugh Your Way to a Better Marriage

Gottman, John. The Seven Principles for Making Marriage Work

Gottman, John. The Relationship Cure

Harley, Dr. Willard F. Jr. Love Busters: Overcoming Habits that Destroy Romantic Love

* **Harley, Dr. Willard F. Jr.. His Needs/Her Needs.** This is an excellent, practical guide to meeting the five most common needs of husbands, and the five most common needs of wives.

Harley, Dr. Willard F. Five Steps to Romantic Love - A Workbook for Readers of Love Busters and His Needs, Her Needs

* **Keller, Tim & Kathy. The Meaning of Marriage**

* **Kendrick, Stephen and Alex Kendrick. The Love Dare**

* **Kimmel, Tim. Grace-Filled Marriage**

* **Lewis, Robert and William Hendricks. Rocking the Roles: building a Win-Win Marriage**

* **Murrow, David. What Your Husband Isn't Telling You: A Guided Tour of a Man's Body, Soul and Spirit**

Omartian, Stormie. The Power of a Praying Husband and The Power of a Praying Wife

Parrott, Drs. Les and Leslie. When Bad Things Happen to Good Marriages

* **Piper, John. This Momentary Marriage: A Parable of Permanence**

* **Savage, Tim. No Ordinary Marriage**

Schalesky, Marlo. Empty Womb, Aching Heart

Shedd, Charlie. Letters to Karen/Letters to Phillip - On Keeping Love in Marriage

* **Smalley, Dr. Gary. The DNA of Relationships**

Smalley, Dr. Gary and Dr. John Trent. Love is a Decision

Smalley, Dr. Gary. If Only He Knew: A Valuable Guide to Knowing, Understanding and Loving Your Wife

Smalley, Dr. Gary. The Marriage You've Always Dreamed of

Smalley, Dr. Gary. The Two Sides of Love

Strobel, Lee. Surviving a Spiritual Mismatch in Marriage

Strobel, Lee. Marriage: From Surviving the Thriving

Swihart, Phillip J. and Wilford Wooten. The First Five Years of Marriage: Launching a Lifelong, Successful Relationship

* **Thomas, Gary L. Sacred Marriage**

Trent, Dr. John. Love For All Seasons: Eight Ways to Nurture Intimacy

Trent, Dr. John. A Place Called Blessing

***Tripp, Paul David. What did you Expect??**

Walker, James. Husbands Who Won't Lead and Wives Who Won't Follow

Wangerin, Walter. As for Me and My House: Crafting Your Marriage to Last

Wheat, Dr. Ed. Staying in Love for a Lifetime (3 books in 1 - an excellent value) - "Love Life for Every Married Couple," "The First Years of Forever," and "Secret Choices."

Williams, Joe and Michelle. Yes, Your Marriage Can Be Saved

Wright, H. Norman. Communication: Key to Your Marriage

Wright, H. Norman. Making Peace With Your Past

Wright, H. Norman. One Marriage Under God

Young, Ed. The Ten Commandments of Marriage

DATE NIGHTS/ROMANCE

Arp, Claudia. 10 Great Dates to Energize Your Marriage.

Bradford, Amy L. Dates on a Dime

Breitenstein, Janel. Coffee Dates for Couples (Simply Romantic Tips)

Corn, Laura. 101 Nights of Grrreat Romance: Secret Sealed Seductions for Fun-Loving Couples.

Dillow, Linda. Simply Romantic Nights. (FamilyLife offers a kit to go along with this book.)

Rainey, Dennis. Tips to Romance Your Wife (Simply Romantic Tips)

Rosberg, Gary. 40 Unforgettable Dates with Your Mate.

Smith, Steven. Cheap Dates: Fun, Creative, and Romantic Dates That Won't Break Your Budget.

Webb, Michael. The RoMANtics Guide: Hundreds of Creative Tips for a Lifetime of Love

BEFORE YOU MARRY

***Biehl, Bobb and Cheryl. Getting to "Really Know" Your Life-Mate-to-Be.**

Burkett, Larry. Money Before Marriage - A Financial Workbook for Engaged Couples.

*Cloud, Dr. Henry & Dr. John Townsend. Boundaries in Dating.

*Gudgel, David. Before You Get Engaged.

*Gudgel, David. Before You Live Together.

Parrot, Drs. Les and Leslie. Saving Your Marriage Before it Starts: Seven Questions to Ask Before You Marry.

Parrott, Drs. Les and Leslie. Getting Ready For the Wedding - All You Need to Know Before You Say I Do.

Wright, H. Norman. Starting Out Together - A Devotional for Dating or Engaged Couples.

BEFORE YOU REMARRY

*Deal, Ron and David Olson. The Remarriage Checkup: Tools to Help Your Marriage Last a Lifetime.

Trent, Dr. John. Breaking the Cycle of Divorce.

*Wright, H. Norman. Before You Remarry: A Guide to Successful Remarriage.

The following are workbooks by Jeff and Judy Parziale of InStep Ministries and are available through the Marriage Ministry:

*Preparing for Remarriage

*How to Succeed as a Step Family

Second Chances

Through a Child's Eyes—A Parents Guide to Helping Your Child Through Divorce and Remarriage

SEXUAL INTIMACY

Dillow, Linda & Lorraine Pintus. Intimate Issues – Twenty-one Questions Christian Women Ask About Sex

LaHaye, Tim and Beverly. The Act of Marriage: The Beauty of Sexual Love, 2nd ed. This is a classic book for Christian couples on sex.

LaHaye, Tim and Beverly. The Act of Marriage After 40: Making Love for Life. This book deals with the unique sexual intimacy issues that middle aged and older couples face. This is an excellent, unique resource for older Christian couples.

* Lehman, Dr. Kevin. Sheet Music: Uncovering the Secrets of Sexual Intimacy in Marriage

Lehman, Dr. Kevin. Sex Begins in the Kitchen

***McCluskey, Christopher & Rachel. When Two Become One: Enhancing Sexual Intimacy in Marriage**

Penner, Dr. Clifford & Joyce. The Gift of Sex - A Guide to Sexual Fulfillment

Penner, Dr. Clifford & Joyce. Restoring the Pleasure - Complete Step-by-Step Programs to Help Couples Overcome the Most Common Sexual Barriers

* **Rosenau, Dr. Douglas. A Celebration of Sex: A Guide to Enjoying God's Gift of Married Sexual Pleasure**

***Wheat, Dr. Ed. Intended for Pleasure: Sex Technique and Sexual Fulfillment in Christian Marriage (Third Edition)**

DEALING WITH PAST ABUSE/ADDICTIONS/INFIDELITY

* **Allender, Dan. The Wounded Heart: Hope for Adult Victims of Sexual Abuse.** This is an excellent resource for adult victims of sexual abuse. A companion workbook is available.

* **Carder, David. Torn Asunder: Recovering from an Extramarital Affair.**

Rodgers, Drs. Tom and Beverly. Becoming a Family that Heals.

***Schaumburg, Dr. Harry W. False Intimacy – Understanding the Struggle of Sexual Addiction**

* **Tracy, Steve. Mending the Soul: Understanding and Healing Abuse**

SPIRITUAL INTIMACY AND DEVOTIONALS FOR COUPLES

***Ferguson, David and Teresa. The One Year Devotional** (previously the Never Alone Devotional)

Parrott, Drs. Les & Leslie. Becoming Soul Mates

Willard, Dallas. Hearing God: Developing a Conversational Relationship with God

* **Willard, Dallas. Renovation of the Heart in Daily Practice: Experiments in Spirituality**

* **Scazzero, Peter. Emotionally Healthy Spirituality**

Wright, H. Norman. Quiet Times For Couples - A Daily Devotional

FINANCES

Alcorn, Randy. The Treasure Principle: Unlocking the Secret of Joyful Giving

Blue, Ron. The New Master Your Money

***Burkett, Larry. The Complete Financial Guide for Young Couples: a Lifetime Approach to Spending, Saving and Investing**

***Ramsey, Dave. The Total Money Makeover: A Proven Plan for Financial Fitness**

PARENTING AND BLENDED FAMILYS

***Kimmel, Tim. Grace Based Parenting (series of 3 books – *Grace Based Parenting, Raising Kids Who Turn out Right, and Raising Kids for True Greatness*)**

***Kimmel Murray, Karis. Grace Based Discipline**

Leman, Dr. Kevin. The Birth Order Book

Leman, Dr. Kevin. Living in a Step Family without Getting Stepped On

Rainey, Dennis. Interviewing Your Daughter's Date

Schnieders, Kali and Elizabeth. You're Not My Mom

Smalley, Gary. The Blessing