

## SUGGESTED READING

These have been read by our staff and recommended for further enrichment of your marriage. Most are available at our Walk Worthy Bookstore or on Amazon.com. Books in bold with asterisk are most highly recommended in each category.

### BEFORE YOU MARRY

**\*Biehl, Bobb and Cheryl. Getting to “Really Know” Your Life-Mate-to Be. 1996.**

Burkett, Larry. Money Before Marriage - A Financial Workbook for Engaged Couples. Chicago, IL: Moody Publishers, 1996.

**\*Cloud Dr. Henry & Dr. John Townsend. Boundaries in Dating. Grand Rapids, MI: Zondervan, 2000.**

**\*Gudgel, David. Before You Get Engaged. Nashville, TN: Thomas Nelson, 2007.**

**\*Gudgel, David. Before You Live Together. Ventura, CA: Regal Books, 2003.**

Parrot, Drs. Les and Leslie. Saving Your Marriage Before it Starts: Seven Questions to Ask Before You Marry. Grand Rapids, MI: Zondervan, 2006.

Parrott, Drs. Les and Leslie. Getting Ready For the Wedding - All You Need to Know Before You Say I Do. Grand Rapids, MI: Zondervan, 1998.

Wright, H. Norman. Starting Out Together - A Devotional for Dating or Engaged Couples. Ventura, CA: Regal Books, 1995.

### BEFORE YOU REMARRY

**\*Deal, Ron and David Olson. The Remarriage Checkup: Tools to Help Your Marriage Last a Lifetime. Grand Rapids, MI: Bethany House, 2010.**

**\*Wright, H. Norman. Before You Remarry: A Guide to Successful Remarriage. Eugene, OR: Harvest House, 1999.**

The following are workbooks by Jeff and Judy Parziale of InStep Ministries and are available through the Marriage Ministry:

**\*Preparing for Remarriage**

**\*How to Succeed as a Step Family**

Second Chances

Through a Child’s Eyes—A Parents Guide to Helping Your Child Through Divorce and Remarriage

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### ESTABLISHING A STRONG AND HEALTHY MARRIAGE

- \*Chapman, Dr. Gary. The Five Love Languages:How to Express Heartfelt Commitment to Your Mate (contains a study guide & could be used for devotions) Chicago, IL: Northfield Publishing, 1995.**
- Cloud Dr. Henry & Dr. John Townsend. Boundaries in Marriage. Grand Rapids, MI: Zondervan, 2000.
- \*Eggerichs, Emerson. Love and Respect. Brentwood, TN: Integrity Publishers, 2004.**
- \*Feldhahn, Shaunti & Jeff. For Men Only: A Straightforward Guide to the Inner Lives of Women. Sisters, OR: Multnomah Press, 2006.**
- \*Feldhahn, Shaunti & Jeff. For Women Only: What You Need to Know About the Inner Lives of Men. Sisters, OR: Multnomah Press, 2004**
- \*Ferguson, David and Teresa. Intimate Encounters. Austin, TX: Relationship Press, 2006.**
- \*Farrel, Bill & Pam. Men are Like Waffles—Women are Like Spaghetti. Eugene, OR: Harvest House, 2001.**
- Garner, Chris. Fortified Marriages. Riverside, CA: Darling Publishing, 2006. A marriage manual and workbook.
- Gungor, Mark. Laugh Your Way to a Better Marriage. New York, NY: Atria Books, 2008.
- Harley, Dr. Willard F. Jr.. His Needs/Her Needs. Grand Rapids, MI: Baker Book House Co, 2006.  
This is an excellent, practical guide to meeting the five most common needs of husband, and the five most common needs of wives.
- Harley, Dr. Willard F. Jr. Love Busters: Overcoming Habits that Destroy Romantic Love. Grand Rapids, MI: Revell, 2002.
- Harley, Dr. Willard F. Five Steps to Romantic Love - A Workbook for Readers of Love Busters and His Needs, Her Needs. Grand Rapids, MI: Revell, 2009.
- Kendrick, Stephen and Alex Kendrick. The Love Dare. Nashville, TN: B&H Books, 2008.
- Piper, John. This Momentary Marriage: A Parable of Permanence. Wheaton, IL: Crossway Books, 2009.
- Shedd, Charlie. Letters to Karen/Letters to Phillip - On Keeping Love in Marriage. Ann Arbor, MI: Servant Pub., 1997
- \*Smalley, Dr. Gary. The DNA of Relationships. Carol Stream, IL: Tyndale House, 2007.**

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Smalley, Dr. Gary and Dr. John Trent. Love is a Decision. Nashville, TN: Thomas Nelson, 2001.

Smalley, Dr. Gary. If Only He Knew: A Valuable Guide to Knowing, Understanding and Loving Your Wife. Grand Rapids, MI: Zondervan, 1982

Swihart, Phillip J. and Wilford Wooten. The First Five Years of Marriage: Launching a Lifelong, Successful Relationship. Carol Stream, IL: Tyndale House, 2006.

**\*Thomas, Gary L.. Sacred Marriage. Grand Rapids, MI: Zondervan, 2000.**

Trent, John. Love For All Seasons: Eight Ways to Nurture Intimacy. Chicago, IL: Moody Press, 1996.

Walker, James. Husbands Who Won't Lead and Wives Who Won't Follow. Grand Rapids, MI: Bethany House, 2000.

Wangerin, Walter. As for Me and My House: Crafting Your Marriage to Last. Nashville, TN: Thomas Nelson, 2001.

Wheat, Dr. Ed. Staying in Love for a Lifetime (3 books in I - this is an excellent value) - "Love Life for Every Married Couple" "The First Years of Forever", & "Secret Choices." Nashville, TN: Thomas Nelson; 2004.

Wright, H. Norman. Communication: Key to Your Marriage. Ventura, CA: Regal Books, (Updated Edition) 2000.

Wright, H. Norman. Making Peace With Your Past. Grand Rapids, MI: Revell Co., 1985.

Wright, H. Norman. One Marriage Under God. Sisters, OR: Multnomah Press, 2005.

### SEXUAL INTIMACY

Dillow, Linda & Lorraine Pintus. Intimate Issues – Twenty-one Questions Christian Women Ask About Sex. Colorado Springs, CO: WaterBrook Press, 2009.

LaHaye, Tim and Beverly. The Act of Marriage: The Beauty of Sexual Love, 2nd ed. Grand Rapids, MI: Zondervan, 1998. This is a classic book for Christian couples on sex.

LaHaye, Tim and Beverly. The Act of Marriage After 40: Making Love for Life. Grand Rapids, MI: Zondervan, 2000. This book deals with the unique sexual intimacy issues that middle aged and older couples face. This is an excellent, unique resource for older Christian couples.

**\*Lehman, Dr. Kevin. Sheet Music: Uncovering the Secrets of Sexual Intimacy in Marriage. Carol Stream, IL: Tyndale House, 2003.**

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**\*McCluskey, Christopher & Rachel. When Two Become One: Enhancing Sexual Intimacy in Marriage. Grand Rapids, MI: Revell, 2004.**

Penner, Dr. Clifford & Joyce. The Gift of Sex - A Guide to Sexual Fulfillment. Nashville, TN: Thomas Nelson, 2003.

Penner, Dr. Clifford & Joyce. Restoring the Pleasure - Complete Step-by-Step Programs to Help Couples Overcome the Most Common Sexual Barriers. Nashville, TN: W Publishing Group, 1993.

Rosenau, Dr. Douglas. A Celebration of Sex: A Guide to Enjoying God's Gift of Married Sexual Pleasure. Nashville, TN: Thomas Nelson, 2002.

**\*Wheat, Dr. Ed. Intended for Pleasure: Sex Technique and Sexual Fulfillment in Christian Marriage (Third Edition.) Grand Rapids, MI: Revell; 1997.**

### DEALING WITH PAST ABUSE/ADDICTIONS/INFIDELITY

**\*Allender, Dan . The Wounded Heart: Hope for Adult Victims of Sexual Abuse. Colorado Springs, CO: NavPress, 2008. This is an excellent resource for adult victims of sexual abuse. A companion workbook is available.**

**\*Carder, David. Torn Asunder: Recovering from an Extramarital Affair. Chicago, IL: Moody Publishers, 2008.**

Rodgers, Drs. Tom and Beverly. Becoming a Family that Heals. Carol Stream, IL: Tyndale House, 2009.

**\*Schaumburg, Dr. Harry W. False Intimacy – Understanding the Struggle of Sexual Addiction Colorado Springs, CO: NavPress, 1997.**

**\*Tracy, Steve. Mending the Soul: Understanding and Healing Abuse. Grand Rapids, MI: Zondervan, 2005.**

### SPIRITUAL INTIMACY AND DEVOTIONALS FOR COUPLES

**\*Ferguson, David and Teresa. Never Alone: Devotions for Couples. Carol Stream, IL: Tyndale House, 2001.**

Wright, H. Norman. Quiet Times For Couples - A Daily Devotional. Eugene, OR: Harvest House, 2008.

Parrott, Drs. Les & Leslie. Becoming Soul Mates. Grand Rapids, MI: Zondervan, 1997.

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### FINANCES

Alcorn, Randy. The Treasure Principle: Unlocking the Secret of Joyful Giving. Sisters, OR: Multnomah Books, 2005.

Blue, Ron. The New Master Your Money . Chicago, IL: Moody Publishers, 4<sup>th</sup> Edition, 2004.

**\*Burkett, Larry. The Complete Financial Guide for Young Couples: a Lifetime Approach to Spending, Saving and Investing. Colorado Springs, Co: David C. Cook, 2002**

**\*Ramsey, Dave. The Total Money Makeover: A Proven Plan for Financial Fitness. Nashville, TN: Thomas Nelson, 2<sup>nd</sup> Edition, 2007**